

PA IPF
SUPPORT
NETWORK

Idiopathic Pulmonary Fibrosis (IPF) Provider Checklist

A helpful roadmap to help your patient and their care partner navigate their IPF diagnosis.

Medical Care and Treatment

- Obtain previous CT scans or biopsy slides
- Encourage them to maintain a healthy lifestyle that includes smoking cessation, achieving a healthy weight, monitoring oxygen levels, and maintaining oxygen levels over 90% 24 hours a day.
- Discuss approved treatment options:
 - Pirfenidone (Esbriet®, Pirfenex®, Pirespa®)
 - Nintedanib (OFEV®)

Pulmonary Rehabilitation & Oxygen Management

- Arrange pulmonary rehabilitation
- Prescribe oxygen when levels go below 88%

Lung Transplantation

- Schedule a lung transplant evaluation

PENNSYLVANIA LUNG TRANSPLANT CENTERS

- Temple Health Lung Transplant Program: www.templehealth.org
- Penn Lung Transplant Center: www.pennmedicine.org
- UPMC Lung Transplant Program: www.upmc.com

Palliative Care

- Educate them on palliative care -- the benefits, including symptom management, and the importance of advanced care planning.
- Indicate a Palliative Care program within your medical center.

Support

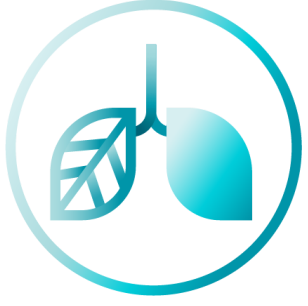
- Suggest support groups and resources
 - See back of document for the full list of Resources, Support Groups, and Online Communities.



PENNSYLVANIA
IPF Support Network



SCAN TO VISIT THE
PA IPF SUPPORT
NETWORK WEBSITE
<https://paipfsupportnetwork.org>



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Idiopathic Pulmonary Fibrosis (IPF) Provider Resources

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Resources, Support Groups, and Online Communities:

- **PA IPF Support Network:**
paipfsupportnetwork.org
- **Wescoe Foundation for Pulmonary Fibrosis:**
wescoefoundationforpulmonaryfibrosis.org/
- **Pulmonary Fibrosis Foundation:**
<https://www.pulmonaryfibrosis.org/>
- **PF Warriors:**
<https://pfwarriors.com/>
- **American Lung Association:**
<https://www.lung.org/>
- **American Thoracic Society:**
<https://www.thoracic.org/>
- **CHEST Foundation:**
<https://www.thoracic.org/>
- **Responsum for PF:**
<https://responsumhealth.com/pulmonary-fibrosis/>
- **Pulmonary Wellness Foundation:**
<https://pulmonarywellness.org/>



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